



The Yoga Body Bootcamp Countdown begins...

**Transform your body, develop your strength and elevate
your spirit!**

**Starting Superbowl Sunday February 5th
8:15-9:30am**

Use your class card or \$14 drop-in



awaken your body, **celebrate** your soul

pilates * personal training * reiki * massage

petalumayoga.com | 707.762.7760

