

Zhi Neng Qi Gong

with

Will Fudeman L.Ac., L.C/S.W.

Saturday, March 10th, 2012

2:00 to 4:00pm

Cost: \$25.

Zhi Neng Qi Gong is a self healing practice developed by Professor Pang He Ming, benefits millions of practitioners. **Zi Neng's** slow movements, accompanied by visualization, can improve your emotional and physical health.

Will Fudeman, Acupuncturist and Counselor has been practicing Qi Gong & Tai Chi since 1983. Rene Navarro and Armando Santa Ana are two of his most influential teachers.



awaken your body, celebrate your soul

pilates * personal training * reiki * massage